

Food & Lifestyle

# Sonrisa Senior Living executive chef to appear on upcoming season of Fox's 'Hell's Kitchen'



Image: Foxwoods hotel/FoodFoxClub/Hell's Kitchen

Local executive chef Anthony Vo will appear on the upcoming season of Fox's "Hell's Kitchen."

FOXWOODS HOTEL/FOODFOXCLUB/HELL'S KITCHEN



By [Jake Abbott](#) – Staff Writer, Sacramento Business Journal  
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The upcoming season of Fox's "Hell's Kitchen" will feature a local chef who leads a kitchen for a retirement community in Roseville.

Sacramento native Anthony Vo, executive chef for Sonrisa Senior Living, is one of 18 contestants who will be featured on season 23 of the reality TV

competition, scheduled to premiere Sept. 26 on Fox. The cooking contest is best known for its boisterous host, renowned chef and restaurateur Gordon Ramsay.

"For me, being on the show was everything," Vo told the Business Journal. "Being a senior living chef and one of the younger chefs on the show, I already knew I was going to have to work hard and show everyone why I was there. There have been other senior living chefs that have been on there but they haven't showcased what we do too well, so I wanted to change that."

Vo, 28, said he first fell in love with cooking while participating in the culinary program at San Juan High School in Citrus Heights. He spent years working in restaurants before transitioning to kitchens serving senior living communities. Prior to taking the Sonrisa job in 2023, he held kitchen positions at MBK Senior Living in Orangevale and Westmont Living in Roseville, according to his LinkedIn page.

The local chef said he regularly competes in food competitions outside of his day job, which resulted in a casting manager from the show coming across his work and reaching out to him. At first, he thought it was a joke, but they followed up with a link for him to apply and a short time later a member of the production crew called with the news that he was selected to compete.

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The show was taped in May at the Hell's Kitchen location at Foxwoods Resort Casino in Connecticut. Vo said the once-in-a-lifetime experience saw him walk away feeling more confident in his cooking abilities, helped improve his technique and flavor profiles, and taught him a lot about himself.

"If anyone knows me, they know I love to put on a show and I love to win," Vo said of his upcoming appearance. "People can expect me to cook with my heart and really be who I am."